

SAVE THE DATE

HEALING OF MEMORIES WORKSHOP for HEALTHCARE WORKERS

June 9-11, 2023 at Spirit in the Desert Retreat Center

Registration Opens April 19



Healing of Memories (HOM) workshops where designed to respond to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other traumatic circumstances, by providing a safe place for participants to explore personal histories and find insight and empathy for themselves and others.

This Healing of Memories workshop is ideal for healthcare workers who have experienced emotional, psychological or spiritual distress – in their personal or professional lives – before, during or post-COVID. The workshop provides a safe, confidential environment in which participants can begin to take steps toward healing. The result: Participants experienced support, healing, increased trust, empathy, hope, relief, reassurance, and a sense of belonging.

RAVES FOR HOM - HEALTHCARE

“This helped me to release weighted emotional baggage, which will help me be a better nurse.”

“Workshop was encouraging and reaffirming. Thank you.”

“I felt connected and grounded. It was a healing experience.”



Lori Rubenstein, JD, PCC is a lead facilitator with IHOM. As a mediator, author and coach, she focuses on helping people heal from their relationship wounds through forgiveness, the cornerstone of all healing. She works with veterans, healthcare workers and others to find peace with their past, so they can step into a more fulfilling, joyful life. The workshop provides a sacred space for people to heal and mend their past as they transcend their own “stories.” It offers participants a step toward inner peace which starts with acceptance, non-judgment and self-compassion.



Pamela Cornwell Chambers has been involved with HOM since 2017 and a facilitator since 2019. As a licensed clinician, Pam has worked with programs involved in child welfare, behavioral health, prevention of child abuse, early childhood mental health, and transitional care for elderly. Traumatic experience has been a common theme throughout her work, helping others recognize the impact that experience has had on their life. Pam has witnessed firsthand the relief and healing that starts by sharing your story with compassionate others.

WHEN

June 9 - 11, 2023

Friday 6:00 pm - Sunday 2:00 pm

WHERE

Spirit in the Desert, Carefree, AZ

FREE for all Healthcare Workers

If you are a healthcare worker and would like to attend at no cost, please send an email to

info@healingofmemories-na.org

When registration opens you will be contacted by Graciela Marroquin

Graciela is an Iraq War, Army Combat Medic Veteran, and a social worker who works in community mental health.

