



HEALING OF MEMORIES WORKSHOP FOR WOMEN VETERANS

A safe place for participants to explore personal histories and gain insight and empathy for themselves and others.

This Institute for Healing of Memories workshop is a response to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other life-changing traumatic circumstances. This life-changing workshop is proven to help participants learn ways to overcome anger, loss, grief and guilt. Not only is it a step on the journey to personal healing, but also it contributes to the healing of interpersonal relationships.

RAVES FOR HEALING OF MEMORIES

"I was able to share my truth for the first time in an environment that understood and supported me."

"I felt ... compassion comradery, community, non judgment."

"I was able to share my story, be understood, heard and believed."

"The highlights...were the commonality of the vets regarding abuse and the refreshing of purpose."

WHEN

April 14 - 16, 2023

Friday 6:00 pm - Sunday 2:00 pm

WHERE

Spirit in the Desert

7415 E Elbow Bend, Carefree, AZ 85377

COST

FREE to Women Veterans

REGISTER

Call (651) 687-9767

Mike Wold

U.S. Navy vet & workshop coordinator



Graciela Marroquin, BA, MSW, served 14 years in the military. In the U.S. Navy as a plane captain before transferring into the Army National Guard, and then activated Army and deployed to Baghdad, Iraq, as a combat-med. Graciela is currently pursuing her doctoral degree in psychology, with an emphasis on trauma, stress, resiliency, and moral conflict/injury. She is the Program Coordinator for Healing of Memories for Healthcare Workers.



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