



Healing of Memories Workshop for Veterans

January 3-5, 2020 , St Anthony's Retreat Center

3351 Kalihi St., Honolulu, HI

"We are all in need of healing, for what we have done, for what has been done to us and for what we have failed to do. This is true of individuals, communities and nations.

This residential workshop, in the healing environment of the retreat center and led by experienced facilitators, provides a safe place for participants to explore personal histories and find insight and empathy for themselves and others, and to begin to heal the emotional, psychological and spiritual wounds inflicted by war, human rights abuses , and other traumatic experiences.

- a place to Recollect- a time to Reconcile- a chance to Reconnect

*****Contact Linda Rich, ihom.na.hi@gmail.com to register.*****

NO COST TO VETERANS

This workshop is fully funded by the Disabled Veterans National Foundation.



History of Institute for Healing of Memories (IHOM)

In 1990, Fr. Michael Lapsley, an Anglican priest, lost both hands and an eye as a result of a letter bomb sent to him during his involvement in the anti-apartheid struggle in South Africa. With the the support of family, friends,, and supporters from around the world, he made the journey from victim to survivor to victor. He worked with the South Africa's Truth and Reconciliation Commission and later founded Institute for Healing of memories.in Cape Town, South Africa. He works internationally in many conflict areas and with others who have experienced trauma of many kinds, and has trained facilitators in the United States and internationally. IHOM has been serving veterans in Arizona, Minnesota, and California, as well as in conflict areas around the world.

