

News Release

Healing of Memories Workshop for All Veterans Northern Arizona

Announcing the first Healing of Memories Workshop for All Veterans to be held in Northern Arizona. It will be held on **October 18-20, 2019** at the **Fort Tuthill Recreation Area** (2446 Fort Tuthill Loop, Flagstaff, AZ 86005 – This is about 5 miles south of Flagstaff).

The workshop is designed to provide the participants with a safe experiential and interactive way to address anger, loss, grief and guilt. The workshop is free of charge to any service member or veteran, including all meals and two nights lodging. It begins with dinner at 6pm on Friday, October 18 and ends at 2pm on Sunday, October 20. . The 300+ Arizona Veterans who have attended this workshop say that it was a major step in their healing from their psychological and spiritual wounds.

The Healing of Memories Workshop was created by Father Michael Lapsley, an Anglican missionary priest, who in 1990 suffered the loss of his hands and the sight in one eye from a letter bomb that was sent to him in Zimbabwe by a supporter of the pro-apartheid government in South Africa. After a long recovery from the bombing, Father Lapsley decided to dedicate his life to helping victims of emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other traumatic circumstances.

Any service member or veteran who is interested in the workshop may find out more information or register free for the workshop by contacting Mike Wold, a US Navy veteran at 651-687-9767 or Michael_w_wold@msn.com.

Submitted by:

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