



Healing of Memories May 17-19, 2018

Workshop in Pasadena at Neighborhood UU Church

Treat yourself to an experiential process of deep listening, reflecting, creativity, and speaking. The Healing of Memories approach breaks cycles of suffering, anger, and violence--by acknowledging emotional and spiritual wounds carried by individuals, communities, and nations. Activities include art, writing, ritual, large group and small group sharing. *Workshop schedule:*

Thursday, May 17, 6:00 – 9:00 p.m., dinner provided

Friday, May 18, 6:00 – 9:00 p.m., dinner provided

Saturday, May 19, 9:00 a.m. – 6:00 p.m., lunch provided

Due to the cumulative and community nature of this workshop, participants must commit to ALL THREE sessions. Fee is \$195 which includes meals, materials, and facilitators. Limited to 20. Register at <http://neighborhooduu.org/healingofmemories/>

Still have questions? Contact Jennifer at jnvnhnnng@gmail.com

Father Michael Lapsley, SSM, founded the **Institute for the Healing of Memories** so those who suffered under Apartheid in South Africa could share their experiences and be acknowledged for their suffering. He gives workshops internationally, enabling people of diverse backgrounds to cope with past abuse and trauma. Learn more at <https://healingmemoriesna.org>

